



MEDIA STATEMENT

MEN'S PARLIAMENT

03 December 2019

Vhembe District Municipality held its Men's Forum in partnership with Munna Ndi Nnyi under the theme "Enough is Enough, 365 days against Gender Based Violence".

The Executive Mayor of Vhembe District Municipality, Cllr. Dowelani Nenguda has opened the parliament by condemning the killing of Precious Ramabulana (21) of Tshirolwe Village and Sarah Makhubele (57) of Shihosana Vilage

"Men should be providers and protectors of women and must stop abusing women, this Parliament must give an opportunity to men to voice their frustration regarding their intolerance to women and the resolutions raised in this Parliament must be implemented by all of us, men who abuse women must be exposed and given long sentences" said the Executive Mayor.

Freedom Mmbi (Dietician) has indicated that men should take care of their bodies.

"it is important for men to eat three different types of fruits per day and avoid braai meat as it contains too much fats as well as avoiding food with too much salt and sugar, excessive drinking of alcohol is also harmful to the body, it is recommended to drink at least two litres of water per day and they are advised to use low fat products, men should always exercise because is good for their health and stress releasing" said Mr Mmbi.

"we need to be responsible as men and boys, those who are abusing women are doing so not in our name, they are not men enough, we say to abusers stop killing innocent women and children, National Parliament should pass strict laws so that those who abuse women should not be given bail and when found guilty they must be given long sentences" said Mr Ntando Yola of SANAC (South African National Aids Council and Takuwa ri ime).

Some of the resolutions taken during the Men's Parliament includes amongst others; Men's parliament should be done on an annual basis under the Office of the Executive Mayor, another dialogue be arranged for both men and women, men should protect and provide for their families, men who are abused by women should also report such cases at police Stations, men should avoid excessive drinking and

many debts, there's a need for the restoration of morals within our society, proper mentoring and raising of young boys is needed within our families.

ISSUED BY: SHIBAMBU M.M

CONTACTS: 015 960 2006 / 072 117 3726

FAX: 015 962 0904

E-MAIL: shibambum@vhembe.gov.za

Media Liaison Officer